

Discussion Questions Based on the Unity Principles

God is all good and active in everything, everywhere

1. Do you subscribe to traditional medical treatment? Would you be open to alternative medical treatment?
2. How do you think you would react to a doctor telling you, you are going to die?
3. Do you take time every day to be good to self? What strategies do you engage in to calm the heart, mind and soul?
4. Do you take time every day to be good to self? What strategies do you engage in to calm the heart, mind and soul?

I am naturally good because God's divinity is in me and in everyone

1. Would you be willing to participate in a medical "trial" to help yourself or others even if you don't know what the treatment will do to your body or what side effects will develop?
2. If the medical community tells you that you need treatment, but you feel good, what action do you take?
3. What message(s) did you realize after watching the DVD?
4. What action(s) will you execute as a result of the messages realized from the DVD?

I create my experiences by what I choose to think and what I feel and believe

1. Have you ever had to tell someone you love bad news? How did you approach the situation?
2. Has someone close to you had to tell you bad news? How did you handle the news?
3. What challenges in your life are you giving your energy to?
4. Do you believe you can co-create your day or that is just happens and you accept it?
5. When you find yourself focusing on negative thoughts, what do you do to break the cycle and move toward more positive thinking and actions?

Through affirmative prayer and meditation, I connect with God and bring out the good in my life.

1. Do you use affirmations and meditation in your daily life? What is your affirmation(s)?
2. Have you ever thought about the impermanence of life?
3. Do you find yourself doing the same things over and over and expecting different results?

I do and give my best by living the Truth I know. I make a difference!

1. The song by Devotion says “Do all you can, with what you have, in the time you have, in the place you are, in the time you have” What do you have now that you can share with the world?
2. Have you ever thought what your special talent or purpose in life is?
3. Are you sharing your special talents with the world?
4. Do you believe one person can make a difference?